

October 2024



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3	4
AM Snack		Cereal with Pineapple	Toast with Jelly	Strawberry Oatmeal Bar	Blueberry Loaf and Applesauce
Lunch		Chicken Drumsticks Corn Mango with Milk	Turkey Sandwich Carrots Peaches with Milk	Cheesy Chicken and Rice Broccoli Pineapple with Milk	Breakfast Sandwiches Hash Brown Patty Pears with Milk
PM Snack		Vanilla Wafers and Strawberry Yogurt	Applesauce with Animal Crackers	Cheese with Crackers	Cucumbers with Ranch
	7	8	9	10	11
AM Snack	Pancakes with Mixed Berries	Cheerios with Oranges	Maple Oatmeal with Blueberries	French Toast Sticks and Applesauce	Cereal with Strawberries
Lunch	Chicken Alfredo Bake Peas Pears with Milk	Pierogies Broccoli Bites Apple Slices with Milk	Cheeseburgers Tator Tots Pineapple with Milk	Pizza Green Beans Peaches with Milk	Chicken Pot Pie Oranges with Milk
PM Snack	String Cheese with Wheat Thins	Goldfish with Mixed Fruit	Apples and Sunbutter	Baby Carrots with Ranch	Churro Crackers with Vanilla Yogurt
	14	15	16	17	18
AM Snack	Vanilla Yogurt with Mango	Cereal with Pears	Blueberry Muffins	Pancakes with Sliced Strawberries	Apple Loaf and Yogurt
Lunch	Cheesy Potatoes with Ham Green Beans Peaches with Milk	BBQ Chicken Sandwiches Corn Applesauce with Milk	Orange Chicken Stir Fry Veggies Pears with Milk	Philly Cheesesteak Salad with Ranch Oranges with Milk	Grilled Cheese & Tomato Soup Banana with Milk
PM Snack	Sunrise Bites with Tropical Fruit	Cucumber with Crackers	Apple Cinnamon Grahams and Vanilla Yogurt	Vanilla Wafers with Banana	Goldfish with Berries
	21	22	23	24	25
AM Snack	Biscuits with Jelly	Blueberry Bar	Waffles with Berries	Cereal with Pineapple	Turkey Sausage with Tropical Fruit
Lunch	Mac N Cheese Sweet Peas Oranges with Milk	Turkey Taco Rice Bowl with Corn and Cheese Pineapple with Milk	Chicken Fries Carrots Pears with Milk	Warmed Sliced Turkey Mashed Potatoes with Gravy Mango with Milk	Cook's Choice
PM Snack	String Cheese with Pizza Crackers	Strawberry Slices	Apples Slices with Chocolate Hummus	Graham Crackers with Sun Butter	Pretzels with Cheese Sauce
	28	29	30	31	
AM Snack	Apple Loaf and Pears	Cereal with Oranges	Strawberry Bar and Peaches	French Toast Sticks and Banana	
Lunch	Pasta with Meat Sauce Mixed Veggies Pears with Milk	Chicken Drumsticks Corn Pineapple with Milk	Cook's Choice	Pizza Crunchers Salad with Ranch Oranges with Milk	
PM Snack	Animal Crackers with Berries	String Cheese with Wheat Thins	Granola and Cinnamon Apples	Pudding with Graham Crackers	

