

October Menu 2024



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3	4
AM Snack			Pancake w/ syrup, milk	Cereal bar, milk	Mini muffins, milk
Lunch		Chef's Choice	Mini chili cheese hotdog, tator tots, fruit & milk	Bosco stick with marinara, diced carrots, fruit & milk	Tuna noodle casserole, peas, fruit & milk
PM Snack			"Ants on a hill" (Apple, soy butter, raisins)	Soft pretzels w/cheese, water	Frozen yogurt, graham crackers
	7	8	9	10	11
AM Snack	Cereal, milk		Yogurt parfait, water	French toast sticks w/syrup, milk	Cereal bar, milk
Lunch	Cheesy potato casserole, green beans, fruit & milk	Chef's Choice	Chicken nuggets, roll, corn, fruit & milk	Spaghetti with meat sauce, salad w/dressing, fruit & milk	Fish sticks, macaroni & cheese, corn, fruit & milk
PM Snack	Tortilla chips w/salsa, fruit juice		Turkey, string cheese	"Banana split" (Banana, whipped cream graham crackers)	Teddy grahams, applesauce
	14	15	16	17	18
AM Snack	Bagel w/cream cheese, milk		Pancake w/ syrup, milk	Cereal bar, milk	Mini muffins, milk
Lunch	Cheesy taco rice, corn, fruit & milk	Chef's Choice	Cheeseburger, french fries, fruit & milk	Chicken alfredo pasta, salad w/dressing, fruit & milk	Sloppy joe, tator tots, fruit & milk
PM Snack	Goldfish crackers, oranges		"Ants on a hill" (Apple, soy butter, raisins)	Soft pretzels w/cheese, water	Frozen yogurt, graham crackers
	21	22	23	24	25
AM Snack	Cereal, milk		Yogurt parfait, water	French toast sticks w/syrup, milk	Cereal bar, milk
Lunch	Turkey sausage & egg biscuit, hashbrown, fruit & milk	Chef's Choice	Taco pasta, corn, fruit & milk	Cheese ravioli, salad w/dressing, fruit & milk	Cheese quesadilla, corn, fruit & milk
PM Snack	Tortilla chips w/salsa, fruit juice		Turkey, string cheese	"Banana split" (Banana, whipped cream graham crackers)	Teddy grahams, applesauce
	28	29	30	31	
AM Snack	Bagel w/cream cheese, milk		Pancake w/ syrup, milk	Cereal bar, milk	
Lunch	Chicken & broccoli casserole, roll, green beans, fruit & milk	Chef's Choice	Beef stroganoff, green beans, fruit & milk	Warm turkey & cheese sandwich, vegetable soup, fruit & milk	
PM Snack	Goldfish crackers, oranges		"Ants on a hill" (Apple, soy butter, raisins)	Soft pretzels w/cheese, water	