

# September Menu 2024



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	2	3	4	5	6
AM Snack			Pancake w/ syrup, milk	Cereal bar, milk	Mini muffins, milk
Lunch	<b>ECLC CLOSED</b>	<b>Chef's Choice</b>	Chicken nuggets, corn, fruit, milk	Cheese pizza, green beans, fruit, milk	Spaghetti w/meat sauce, peas, fruit, milk
PM Snack			"Ants on a log" (Celery, soy butter, raisins)	Soft pretzels w/cheese, fruit juice	Frozen yogurt, graham crackers
	9	10	11	12	13
AM Snack	Cereal, milk		Yogurt parfait, milk	French toast sticks w/syrup, milk	Cereal bar, milk
Lunch	Meatloaf, mashed potatoes, fruit, milk	<b>Chef's Choice</b>	Macaroni & cheese, carrots, fruit, milk	Mini cheeseburgers, french fries, fruit, milk	Fish sticks, green beans, fruit, milk
PM Snack	Tortilla chips w/salsa, fruit juice		Turkey, string cheese	"Banana split" (Banana, whipped cream graham crackers)	Teddy grahams, applesauce
	16	17	18	19	20
AM Snack	Bagel w/cream cheese, milk		Pancake w/ syrup, milk	Cereal bar, milk	Mini muffins, milk
Lunch	Turkey hotdog, corn, fruit, milk	<b>Chef's Choice</b>	Vegetarian chili, cornbread, salad w/dressing, fruit, milk	Chicken and vegetable fried rice, vegetable eggroll, fruit, milk	Sliced turkey w/gravy, mashed potatoes, fruit, milk
PM Snack	Goldfish crackers, oranges		"Ants on a log" (Celery, soy butter, raisins)	Soft pretzels w/cheese, fruit juice	String cheese, raisins
	23	24	25	26	27
AM Snack	Cereal, milk		Yogurt parfait, milk	French toast sticks w/syrup, milk	Cereal bar, milk
Lunch	Chicken wrap, carrots, fruit, milk	<b>Chef's Choice</b>	Chicken alfredo w/pasta, salad w/dressing, fruit, milk	Sunbutter & jelly sandwich, potato chips, fruit, milk	Grilled cheese, tomato soup, fruit, milk
PM Snack	Tortilla chips w/salsa, fruit juice		Turkey, string cheese	"Banana split" (Banana, whipped cream graham crackers)	Teddy grahams, applesauce
	30				
AM Snack	Bagel w/cream cheese, milk				
Lunch	Cheesy chicken and rice, peas, fruit, milk				
PM Snack	Goldfish crackers, oranges				